

PK 50m bad Antw: Session: 1: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van de Weyer Rune

Coaches: Fobelets Jos

Coaches: Verstappen Emma

Coaches: Mertens Wenke

Coaches: Van Olmen Jill

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 09:23
Heat: 10/15 Lane : 4 Athlete: FIQI ALEXIA			Q-time: 01:30:79
PB (50m pool): 01:36.84 Antwerpen 13/07/2025			PB (25m pool): 01:30.79 SB: no time
	5 0 M	1 0 0 M	
PB	00:45.62	01:36.84	
	00:45.62	00:51.22	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:13, starttime: 09:30
Heat: 13/15 Lane : 1 Athlete: VAN ROOSBROECK YUNA			Q-time: 01:24:30
PB (50m pool): 01:29.17 Mol 22/06/2025			PB (25m pool): 01:24.30 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.05	01:29.17	
	00:43.05	00:46.12	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:13, starttime: 09:30
Heat: 13/15 Lane : 5 Athlete: VAN WAELDEREN HANNE			Q-time: 01:23:66
PB (50m pool): 01:23.40 Antwerpen 28/07/2024			PB (25m pool): 01:22.58 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:23.40	
	no time		
			

Coach feedback:

PK 50m bad Antw: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:13, starttime: 09:30
Heat: 13/15 Lane : 6 Athlete: LEMMENS FEBE			Q-time: 01:23:77
PB (50m pool): 01:29.47 Antwerpen 21/07/2024			PB (25m pool): 01:23.77 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:29.47	
	no time		
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:2, starttime: 09:39
Heat: 2/6 Lane : 5 Athlete: CEUPPENS MATS			Q-time: 01:25:09
PB (50m pool): 01:30.93 Antwerpen 13/07/2025			PB (25m pool): 01:25.09 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.42	01:30.93	
	00:43.42	00:47.51	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:3, starttime: 09:42
Heat: 3/6 Lane : 1 Athlete: GYULNAZARYAN MAX			Q-time: 01:23:40
PB (50m pool): 01:27.97 Antwerpen 13/07/2025			PB (25m pool): 01:23.40 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.48	01:27.97	
	00:43.48	00:44.49	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:3, starttime: 09:42
Heat: 3/6 Lane : 4 Athlete: JANSSENS TALLE			Q-time: 01:19:88
PB (50m pool): 01:20.72 Antwerpen 13/07/2025			PB (25m pool): 01:19.88 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.95	01:20.72	
	00:38.95	00:41.77	
			

Coach feedback:

PK 50m bad Antw: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:4, starttime: 09:44
Heat: 4/6 Lane : 6 Athlete: LAUREYS MILAN			Q-time: 01:18:70
PB (50m pool): 01:22.43 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:18.70 SB: no time			
	5 0 M	1 0 0 M	
PB	00:39.50	01:22.43	
	00:39.50	00:42.93	
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+			Heat:6, starttime: 10:00
Heat: 6/8 Lane : 1 Athlete: LAUREYS XANTE			Q-time: 00:34:28
PB (50m pool): 00:35.14 Antwerpen 13/07/2025 PB (25m pool): 00:34.28 SB: no time			
	5 0 M		
PB	00:35.14		
	00:35.14		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+			Heat:7, starttime: 10:01
Heat: 7/8 Lane : 5 Athlete: VAN AERSCHOT NEL			Q-time: 00:32:64
PB (50m pool): 00:34.88 Mol 22/06/2025 PB (25m pool): 00:32.64 SB: no time			
	5 0 M		
PB	00:34.88		
	00:34.88		
			

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 13+			Heat:1, starttime: 10:05
Heat: 1/8 Lane : 4 Athlete: CUYPERS ARTHUR			Q-time: 00:40:85
PB (50m pool): 00:43.73 Mol 23/06/2024 PB (25m pool): 00:40.85 SB: no time			
	5 0 M		
PB	00:43.73		
	00:43.73		
			

Coach feedback:

PK 50m bad Antw: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 4: 50M BACKSTROKE MEN 13+		Heat:1, starttime: 10:05
Heat: 1/8 Lane : 5 Athlete: CEUPPENS VINCE		Q-time: 00:41:06
PB (50m pool): 00:45.87 Mol 23/06/2024 PB (25m pool): 00:41.06 SB: no time		
	5 0 M	
PB	00:45.87	
	00:45.87	
		

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 13+		Heat:5, starttime: 10:12
Heat: 5/8 Lane : 5 Athlete: SLUYTS JENNE		Q-time: 00:31:30
PB (50m pool): 00:32.33 Eindhoven 16/03/2025 PB (25m pool): 00:31.30 SB: no time		
	5 0 M	
PB	00:32.33	
	00:32.33	
		

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 13+		Heat:5, starttime: 10:12
Heat: 5/8 Lane : 7 Athlete: VAN GEEL CIS		Q-time: 00:32:16
PB (50m pool): 00:34.02 SportinGenk Park 21/04/2025 PB (25m pool): 00:32.16 SB: no time		
	5 0 M	
PB	00:34.02	
	00:34.02	
		

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 13+		Heat:6, starttime: 10:14
Heat: 6/8 Lane : 4 Athlete: SLUYTS TIBE		Q-time: 00:30:43
PB (50m pool): 00:32.19 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:30.43 SB: no time		
	5 0 M	
PB	00:32.19	
	00:32.19	
		

Coach feedback:

PK 50m bad Antw: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 4: 50M BACKSTROKE MEN 13+		Heat:8, starttime: 10:18
Heat: 8/8 Lane : 3 Athlete: VAN WAELDEREN THOMAS		Q-time: 00:27:41
PB (50m pool): 00:29.17 Antwerpen 27/07/2025 PB (25m pool): 00:27.41 SB: no time		
	5 0 M	
PB	00:29.17	
	00:29.17	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:6, starttime: 10:42
Heat: 6/16 Lane : 6 Athlete: VAN ROOSBROECK YUNA		Q-time: 00:41:87
PB (50m pool): 00:41.87 Eindhoven 16/03/2025 PB (25m pool): no time SB: no time		
	5 0 M	
PB	00:41.87	
	00:41.87	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:9, starttime: 10:47
Heat: 9/16 Lane : 2 Athlete: FIQI ALEXIA		Q-time: 00:37:11
PB (50m pool): 00:37.11 SportinGenk Park 21/04/2025 PB (25m pool): 00:37.59 SB: no time		
	5 0 M	
PB	00:37.11	
	00:37.11	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:12, starttime: 10:51
Heat: 12/16 Lane : 2 Athlete: LAUREYS XANTE		Q-time: 00:33:95
PB (50m pool): 00:33.95 Antwerp 02/02/2025 PB (25m pool): 00:33.98 SB: no time		
	5 0 M	
PB	00:33.95	
	00:33.95	
		

Coach feedback:

PK 50m bad Antw: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:13, starttime: 10:52
Heat: 13/16 Lane : 5 Athlete: VAN AERSCHOT NEL		Q-time: 00:32:80
PB (50m pool): 00:34.18 SportinGenk Park 21/04/2025 PB (25m pool): 00:32.80 SB: no time		
	5 0 M	
PB	00:34.18	
	00:34.18	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:16, starttime: 10:56
Heat: 16/16 Lane : 1 Athlete: LEMMENS FEBE		Q-time: 00:30:84
PB (50m pool): 00:31.10 Eindhoven 16/03/2025 PB (25m pool): 00:30.84 SB: no time		
	5 0 M	
PB	00:31.10	
	00:31.10	
		

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:1, starttime: 10:57
Heat: 1/10 Lane : 6 Athlete: CEUPPENS VINCE		Q-time: 00:42:30
PB (50m pool): 00:43.26 Mol 22/06/2025 PB (25m pool): 00:42.30 SB: no time		
	5 0 M	
PB	00:43.26	
	00:43.26	
		

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:4, starttime: 11:02
Heat: 4/10 Lane : 7 Athlete: CEUPPENS MATS		Q-time: 00:33:18
PB (50m pool): 00:34.13 Antwerpen 13/07/2025 PB (25m pool): 00:33.18 SB: no time		
	5 0 M	
PB	00:34.13	
	00:34.13	
		

Coach feedback:

PK 50m bad Antw: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:5, starttime: 11:03
Heat: 5/10 Lane : 7 Athlete: JANSSENS TALLE		Q-time: 00:31:68
PB (50m pool): 00:31.68 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:39.84 SB: no time		
	5 0 M	
PB	00:31.68	
	00:31.68	
		

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:6, starttime: 11:04
Heat: 6/10 Lane : 4 Athlete: SLUYTS JENNE		Q-time: 00:29:87
PB (50m pool): 00:29.92 Antwerpen 13/07/2025 PB (25m pool): 00:29.87 SB: no time		
	5 0 M	
PB	00:29.92	
	00:29.92	
		

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:6, starttime: 11:04
Heat: 6/10 Lane : 6 Athlete: SLUYTS TIBE		Q-time: 00:30:10
PB (50m pool): 00:31.76 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:30.10 SB: no time		
	5 0 M	
PB	00:31.76	
	00:31.76	
		

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:7, starttime: 11:06
Heat: 7/10 Lane : 3 Athlete: GYULNAZARYAN MAX		Q-time: 00:29:37
PB (50m pool): 00:30.03 SportinGenk Park 21/04/2025 PB (25m pool): 00:29.37 SB: no time		
	5 0 M	
PB	00:30.03	
	00:30.03	
		

Coach feedback:

PK 50m bad Antw: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 6: 50M BUTTERFLY MEN 13+										Heat:7, starttime: 11:06	
Heat: 7/10 Lane : 8 Athlete: VAN GEEL CIS										Q-time: 00:29:76	
PB (50m pool): 00:30.49 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:29.76 SB: no time											
	5 0 M										
PB	00:30.49										
	00:30.49										
											

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+										Heat:10, starttime: 11:09	
Heat: 10/10 Lane : 5 Athlete: VAN WAELDEREN THOMAS										Q-time: 00:25:96	
PB (50m pool): 00:26.72 Antwerpen 27/07/2025										PB (25m pool): 00:25.96 SB: no time	
	5 0 M										
PB	00:26.72										
	00:26.72										
											

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 13+							Heat:4, starttime: 11:31	
Heat: 4/6 Lane : 2 Athlete: VAN WAELDEREN HANNE							Q-time: 05:09:85	
PB (50m pool): 05:18.12 Antwerpen 16/07/2023							PB (25m pool): 05:06.35SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:18.12
	<i>no time</i>							
								

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:2, starttime: 11:55	
Heat: 2/6 Lane : 8 Athlete: CUYPERS ARTHUR							Q-time: 05:39:56	
PB (50m pool): 05:48.48 Mol 22/06/2025				PB (25m pool): 05:39.56SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:39.67	01:25.79	02:10.94	02:56.67	03:42.80	04:27.33	05:09.24	05:48.48
	00:39.67	00:46.12	00:45.15	00:45.73	00:46.13	00:44.53	00:41.91	00:39.24
								

Coach feedback:

PK 50m bad Antw: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 8: 400M FREESTYLE MEN 13+							Heat:3, starttime: 12:02	
Heat: 3/6 Lane : 5 Athlete: LAUREYS MILAN							Q-time: 04:58:58	
PB (50m pool): 05:14.39 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 04:58.58SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.94	01:16.34	01:56.31	02:36.82	03:17.14	03:57.93	04:37.41	05:14.39
	00:35.94	00:40.40	00:39.97	00:40.51	00:40.32	00:40.79	00:39.48	00:36.98
								

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:5, starttime: 12:13	
Heat: 5/6 Lane : 1 Athlete: SLUYTS TIBE							Q-time: 04:40:86	
PB (50m pool): 04:54.25 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 04:40.86SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.69	01:09.57	01:46.97	02:24.17	03:01.71	03:40.28	04:18.15	04:54.25
	00:32.69	00:36.88	00:37.40	00:37.20	00:37.54	00:38.57	00:37.87	00:36.10
								

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:5, starttime: 12:13	
Heat: 5/6 Lane : 2 Athlete: SLUYTS JENNE							Q-time: 04:35:48	
PB (50m pool): 04:42.90 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 04:35.48SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.62	01:07.46	01:43.23	02:20.00	02:55.96	03:32.15	04:08.85	04:42.90
	00:31.62	00:35.84	00:35.77	00:36.77	00:35.96	00:36.19	00:36.70	00:34.05
								

Coach feedback:

Event number: 9: 4x100M MEDLEY WOMEN 11+							Heat:2, starttime: 12:36	
Heat: 2/2 Lane : 2 Athlete: TEAM WST 1							Q-time: 04:52:21	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: